

CARER TRAINING & EDUCATION

Supporting Biological Children Through The Foster Care Journey



Supporting Biological Children

The biological children of foster carers are unacknowledged carers in the fostering system. New children entering a family will often bond with other children before bonding with their carers. This can place an enormous burden on the biological children who are ignored by the fostering system. The toll fostering can take on the biological children of foster carers is the leading cause of carers relinquishing their authorisation to be foster carers.

This course includes activities and discussions that focus on developing awareness and understanding of the issues being faced by carers biological children as well as teaching practical skills to carers on how best to support them.

WARNING

Sensitive topics such as self injury, suicide and crisis intervention may be discussed during this course. If you feel you may be triggered by these topics please contact Wendy on 0452 117 660 or email wendy@fostercareangels.org.au

The course will provide carers with an opportunity to:

- Identify the issues faced by biological children;
- Work on communication skills;
- Identify ways to support biological children to help them manage their expectations;
- Practice ways to help them cope with the challenges of fostering;
- Role play how to equip biological children with ways they can talk about fostering; and
- Learn how to support biological children when a placement ends.

FURTHER INFORMATION

Location:

Courses can be delivered at various locations within New South Wales.

Time and Dates:

Refer to training calendar

Cost:

\$225 pp Day Program (inc Refreshments & Lunch)

Bookings:

Call 02 9899 6006 or 0452 117 660

or email: wendy@fostercareangels.org.au



Foster Care Angels