

# CARER TRAINING & EDUCATION

## Coping When A Placement Has Ended



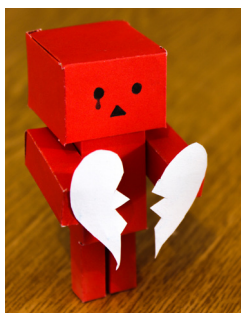
### Coping When a Placement Has Ended

When a placement ends, planned or not, those involved in the caring for that child often feel a wide range of emotions that can be difficult to process. This can lead to carers delaying the intake of another child or deciding to surrender their authorisation as carers.

Regardless of how long a child has been in your care the effects of a child leaving the family group can be a traumatic experience for all involved.

This course aims to validate the feelings being experienced by carers and their families as well as equipping them with tools and strategies to cope with their feelings and support other members of the family through a very difficult time.

**This course is suitable for anyone who has or may experience the breakdown of a placement.**



The course will provide carers with opportunities to learn:

- How to manage grief and effects of trauma;
- Experience and process what they are feeling;
- How to create a personal tool box of resources for coping with the ending of a placement;
- How to identify unhelpful thought patterns contributing to stress; and
- Supporting other family members with the end of a placement.

### FURTHER INFORMATION

#### Location:

Courses can be delivered at various locations within New South Wales.

#### Time and Dates:

Refer to training calendar

#### Cost:

\$225 pp Day Program (inc Refreshments & Lunch)

#### Bookings:

Call 02 9899 6006 or 0452 117 660

or email: [wendy@fostercareangels.org.au](mailto:wendy@fostercareangels.org.au)



# Foster Care Angels