

BIO-CHILD TRAINING & EDUCATION

Dealing With Sensitive Information and Disclosures



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In fostering families it is common for the biological and foster children to form the closest bonds first. This can lead to foster siblings opening up to and confiding in their new siblings, resulting in the biological children learning about sensitive information or details of abuse suffered by the foster child.

Disclosures of abuse or sensitive information may lead to a variety of issues for the biological child. They may not feel they can share what they have learned as it was told in confidence or they may find details of abuse disturbing and confronting and not know what to do or who they can turn to. This then impacts on their mental health, emotional health and well-being and their behaviours.

This course will teach children what they should do with sensitive information and disclosures. They will learn how to manage breaking confidences and their emotions.

This course is suitable for those approximately 9 to 12 months in to their fostering journey.

This course will provide participants with opportunities to:

- Participate in discussions on how sensitive situations can be handled;
- Learn skills to help process disclosures of a distressing nature;
- Learn how to manage distressing emotions;
- Learn effective communication skills for sharing disclosures with an adult; and
- Learn basic mental health and wellness strategies.

FURTHER INFORMATION

Location:

Courses can be delivered across various locations within New South Wales.

Time and Dates:

Refer to training calendar

Cost:

\$225 pp (inc Refreshments & Lunch)

Bookings:

Call 02 9899 6006 or 0452 117 660

or email: wendy@fostercareangels.org.au

Separate courses are run for children aged 7 to 11 years and those aged 12 and over. This is to ensure appropriate content and strategies are provided to participants.



Foster Care Angels